

**occupied Palestinian territory 2018 (part of 2018-2020 HRP)**

<b>Appealing Agency</b>	<b>BAITONA FOR COMMUNITY DEVELOPMENT (BCD)</b>
<b>Project Title</b>	Improvement the well-being of elderly people in North Gaza Governorate.
<b>Project Code</b>	OPT-18/H/115312
<b>Sector/Cluster</b>	Health and Nutrition Cluster
<b>Refugee project</b>	No
<b>Objectives</b>	<p>Overall Project objectives:                      To increase the quality of life of older people through increase the accessibility to Community-based rehabilitation services in North Gaza Governorate.</p> <ol style="list-style-type: none"> <li>1. Objective 1: To improve the wellbeing of 300 older people living in North Gaza Governorate through receiving appropriate rehabilitation services and assistive devices.</li> <li>2. Objective 2: To provide 150 older people living in North Gaza Governorate with Psychosocial support.</li> <li>3. Objective 3: To increase the accessibility of older people to secure, dignified and timely humanitarian services through supporting the local referral system.</li> </ol>
<b>Beneficiaries</b>	Total: 300 old people Female: 150 Male: 150 Elderly (above 59): 300 Refugees: 300
<b>Implementing Partners</b>	N/A
<b>Project Duration</b>	Jan 2018 - Dec 2018
<b>Current Funds Requested</b>	<b>\$122,040</b>
<b>Location</b>	Projects covering just Gaza
<b>Priority / Category</b>	NOT SPECIFIED
<b>Gender Marker Code</b>	2a - The project is designed to contribute significantly to gender equality
<b>Contact Details</b>	Abed El-Rahman Muzanen, baitona@mail.org, +970 599476888
<b>Cash transfer programming</b>	<p>Is any part of this project cash transfer programming (including vouchers)? <span style="float: right;">No</span></p> <p>Conditionality:</p> <p>Restrictions:</p> <p>Estimated percentage of project requirements to be used for cash/vouchers: <span style="float: right;">0</span></p>

**Needs**

The Palestinian proposed draft law of older persons defines an old person as: "any Palestinian citizen who has reached the age of 60 calendar years and is unable to comport themselves totally or partially like a normal person to fulfill the basic needs for a normal life due to his /her age, or as a result of a lack of physical, mental, or psychological abilities. This definition is consistent with the WHO definition "any person who has reached the age of 60 calendar years or over". According to the data published by the PCBS on International Day of Older Persons, 1 October 2015, "4.5% of the total population were aged 60 or over; 4.9% in the West Bank, and 3.8% in the Gaza Strip, a sex ration of 92.5 males per 100 females"

In June 2012 HelpAge International reviewed, and analyzed statistical reports of ageing in the opt. The results indicated that large percentages of older people, particularly those 80+ have difficulties with mobility affecting their ability to meet their basic needs. Poverty is a major factor limiting access to services and affecting older people's ability to meet their basic needs, and 75.3% of older people in the Gaza Strip live below the poverty line. Furthermore, 7.3% of older people in the Gaza strip live alone, and 15.4% of older people in the Gaza Strip said their sons and daughters did not care for them well.

PCBS declare in 2011 that disability rates increased with age and the highest percentage was among individual aged 75 years and older at 32.1%. The 2012 HelpAge survey found 54.3% suffer from vision problems and 42.1% of elderly suffer from movement problems (25.8% women, 16.3% men), 22.8% suffer from hearing problems. The overall disability levels are marginally higher for men (15.5% vs. 2.7%). The highest reported difficulty is with "Communication" (40.5% for men and 57.5% for women); followed by physical difficulties (24.9% for men and 19.2% for women). Visual difficulties are higher for men (16.1% vs. 6.3%). Self-care is a significant concern for both men and women (13.2% and 12.7%). The survey report also indicted, 90% of older people had not taken part in any psychosocial intervention, while 40.8% suffer from anxiety of death, 31.6% suddenly suffer from fear for no reason, 20.7% suffer from depression and 19.8% suffer from anxiety. The report emphasized that 50% of older were at risk of malnutrition and 7.3% were malnourished. Women were at higher risk of malnutrition (70.5% of women; 43.5% of men). The Palestinian Family Survey 2010 data indicates that 70.7% of the older people are infected with at least one chronic disease (68.7% in Gaza strip).

According to the needs, assessment survey conducted by Baitona Society and HelpAge international from Dec. 2015 to April 2016. The results showed that 75.3% of the total sample, need for assistive devices (Wheelchair, Eyeglasses, Walkers, cane, cane four point, crutches, air mattress, and Hearing aids), and 74% of them cannot provide themselves with the assistive devices because of high cost.

Under the catastrophic information mentioned above, older people in the Gaza strip still suffer from lack of rehabilitation services especially in the most vulnerable areas. It was due several causes such as; the insufficient rehabilitation services of services providers in Gaza strip, limited access to community based rehabilitation services for older people, weakness of referral processing in the local referral network system, and the poor experience of the caregiver's. The direct impact of the shortage of rehabilitation services led to the loss of lives, sever negative effect on the mental and physical wellbeing of the population of older people increases the consequence of disabilities, and chronic illnesses and complicated local referral mechanism.

### **Activities or outputs**

Objective 1: To improve the wellbeing of 300 older people living in North Gaza Governorate through receiving appropriate rehabilitation services and assistive devices.

Impact: 300 Older people have increased their physical health and social participation, .

1.1. R1: The accessibility of older people to receive quality rehabilitation services have increased.

1.1.1. Task/Activity 1: conducting orientation sessions for the staff regarding the older people specific needs.

1.1.2. Task/Activity 2: conducting needs assessment survey for 300 older people through home visits.

1.1.3. Task/Activity 3: Provision of assistive devices for 90 older people (wheel chairs, walkers, canes, hearing aids) in collaboration with the local referral network.

1.1.4. Task/Activity 4: Provision outreach sessions of physiotherapy, speech therapy, and occupational therapy.

1.1.5. Task/Activity 5: Provide older people caregivers and/or cares field (home) training on geriatric care, and the importance of wellbeing and mobility.

1.1.6 Task/Activity 6: Distribution consumable materials (hygiene kits and diapers) for 200 older people

1.1.7 Task/Activity 7: Provision home nursing services for 70 older people suffered from pressure sores, and diabetic foot.

Objective 2: To provide 150 older people living in North Gaza Governorate with Psychosocial support.

Impact: 150 older people have positive attitudes toward the life.

2.1 R2: Social and communication interaction activities have enhanced for 150 older people.

2.1.1. Task/Activity 1: Provide 150 older people with individual psychosocial support sessions.

2.1.2 Task/Activity 2: Provide 300 older people with consultation sessions regarding the geriatric phase.

3. O3: To increase the accessibility of older people to secure, dignified and timely humanitarian services through supporting the local referral system.

Impact: The haphazard referral procedures decreased, while the appropriate referral procedures increased

3.1. R3 Local referral network in North Gaza have supported and in response to the older people needs have increased knowledge of the specific needs of them and apply this in their own response activities.

3.1.1. Task/Activity 1: Support Local referral network in North Gaza Governorate to integrate older people in their upcoming programs.

3.1.2. Task/Activity 2: Enhance the mechanisms of coordinating among the NGOs, CBOs, and service providers in the local referral network, where the older people afford accessible and qualified health and social services.

### **Indicators and targets**

#### **Objective # 1**

Indicator 1.1.1: Four orientation sessions conducted for the staff.

Indicator 1.1.2: 300 older people (50% M, 50%F) completed needs assessment survey.

Indicator 1.1.3: 90 older people (45% M, 55%F) received assistive devices.

Indicator 1.1.4: 300 older people (50% M, 50%F) received outreach rehabilitation sessions.

Indicator 1.1.5: 560 of caregivers of older people received home-based training on geriatric care, and the importance of wellbeing and mobility.

Indicator 1.1.6: 200 older people (50% M, 50%F) received consumable (hygiene kits and diapers).

Indicator 1.1.7: 70 older people (50% M, 50%F) received outreach-nursing services

Indicator 1.1.8: Percentage of older people (50% M, 50%F) report increased access to services and health care

Indicator 1.1.9: Percentage of older people (50% M, 50%F) who report satisfaction of the provided rehabilitation services.

Indicator 1.1.10: Percentage of older people caregivers reporting satisfaction of the provided rehabilitation services.

#### **Objective # 2**

Indicator 2.1.1: 150 older people (50% M, 50%F) got individual psychosocial support sessions.

Indicator 2.1.2 300 older people got (50% M, 50%F) individual consultations sessions

Indicator 2.1.2 Percentage of older people (50% M, 50%F) who report satisfaction of the psychosocial support sessions

#### **Objective 3**

Indicator 3.1.1: 30 NGOs, CBOs, PHC service providers of Local referral network in North Gaza Governorate have attended one workshop.

Indicator 3.1.2: 5 NGOs, or/and CBOs and PHC services providers have addressed the older people services in their programs.

Indicator 3.1.3: Percentage of older people (50% M, 50%F) who report increased access to services and health care

Indicator	Project target
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<b>Baitona for Community Development(BCD)</b>	
<b>Original BUDGET items</b>	<b>\$</b>
Salaries/Labor	22,800
Travel & Transport	9,900
Activity cost / program direct cost	29,000
Supplies and materials	38,000
Other Direct Costs	9,840
Capacity Development cost other than equipment	1,500
Capacity Development cost - Equipment	11,000
<b>Total</b>	<b>122,040</b>

<b>Baitona for Community Development(BCD)</b>	
<b>Current BUDGET items</b>	<b>\$</b>
Salaries/Labor	22,800
Travel & Transport	9,900
Activity cost / program direct cost	29,000
Supplies and materials	38,000
Other Direct Costs	9,840
Capacity Development cost other than equipment	1,500
Capacity Development cost - Equipment	11,000
<b>Total</b>	<b>122,040</b>