

occupied Palestinian territory 2018 (part of 2018-2020 HRP)

<b>Appealing Agency</b>	<b>JUZOOR FOUNDATION FOR HEALTH &amp; SOCIAL DEVELOPMENT (JUZOOR) (JUZOOR)</b>	
<b>Project Title</b>	Preventing Risky Behaviors among Palestinian Youth in East Jerusalem	
<b>Project Code</b>	OPT-18/H/114264	
<b>Sector/Cluster</b>	Health and Nutrition Cluster	
<b>Refugee project</b>	No	
<b>Objectives</b>	<p>Objective :</p> <p>The project is in line with the country level strategic objective one: Ensure the availability, accessibility and quality of essential lifesaving health services to vulnerable communities in Gaza and the West Bank.</p> <p>The overall objective and the specific objectives of the proposed intervention are as follows:</p> <p>Overall Objective: To prevent risky behaviors (alcohol, drugs, unsafe sex, Sexual transmitted diseases and violence) among Palestinian female and male adolescents (age 12 18) and Youth (age 19 24)to include disabled youth and adolescent females and males in vulnerable areas of East Jerusalem inside and outside the wall to include the areas of the Old City, Shufat Refugee Camp, Kofor Akab, Al- Essawiyeh, Sur Baher and Al ram</p> <p>Specific Objectives:</p> <p>To enhance technical capabilities of service providers (counsellors and teachers) and parents (male and female) on risky behaviors and substance abuse prevention and its health and social consequences within schools and Community centers in the targeted areas.</p> <p>To raise awareness of young people (male and Female) and young disabled people (male and female) on healthy lifestyles and empower young people to live above the influence and avoid risky behaviors within schools and communities.</p>	
<b>Beneficiaries</b>	<p>Total: 12,500</p> <p>Female: 6,250</p> <p>Male: 6,250</p> <p>Children (under 18): 6,000</p> <p>Adult (18-59): 500</p> <p>Refugees: 1,000</p>	
<b>Implementing Partners</b>	N/A	
<b>Project Duration</b>	Jan 2018 - Dec 2018	
<b>Current Funds Requested</b>	<b>\$247,438</b>	
<b>Location</b>	Projects covering just West Bank	
<b>Gender Marker Code</b>	2a - The project is designed to contribute significantly to gender equality	
<b>Contact Details</b>	Majd Hardan, mhardan@juzoor.org, +97222414488	
<b>Cash transfer programming</b>	<p>Is any part of this project cash transfer programming (including vouchers)?</p> <p>Conditionality:</p> <p>Restrictions:</p> <p>Estimated percentage of project requirements to be used for cash/vouchers:</p>	<p>No</p> <p>0</p>

## Needs

Young people who face psycho social insecurity, political instability, economic instability and trauma are at a higher risk of resorting to psycho active substances to deal with their stressful environment. According to a formative phase study report: Estimating the Extent of Illicit Drug Use in Palestine 2017 (the Palestinian National Institute of Health, 2017) found that drug use is not confined to specific areas or localities within Palestine, but is widely distributed across the West Bank and Gaza Strip. It is estimated that there are 26,500 male high risk drug users in Palestine, comprising 1.8% of the male population aged 15 and above. The study also identifies the risk factors related to risky behaviours which include stress, socioeconomic factors, and the family structure during childhood.

In addition it was found in Juzoor's Youth risk taking behaviors' study was designed to investigate the prevalence and patterns of risk behaviors as well as mental health among Palestinian youth, Youths' perceptions of the risks and benefits of potentially harmful behaviors, and their subjective expectations about future life chances; the relationship of exposure to violence to mental health.

According to the UNFPA Youth in Palestine study (2017) tobacco use among youth is extremely high; even among younger youth (aged 15-19), 45% of males and 22% of females currently smoke. Older youth (20-24) levels stand at 72% and 31% respectively. Evidently, the percentages were highest in East Jerusalem . With regard to alcohol use, slightly less than one quarter of older (19 24) male youth report having tried alcohol. Rates among female youth in this age group are about half that for male youth (12%). Experience of alcohol among younger youth age 15 19 is lower (8% of males, 3.6% of females).

Relatively few youth report having tried any of a range of drugs asked about in the survey, including marijuana or hashish, pills, inhalants, and cocaine or heroin. 10% of males 20 24 report having tried any kind of drugs compared with 4% for younger male youth. Only 4% of older female youth and 1.6% of younger female youth report ever using drugs. Less than a third of those youth who say they ever tried drugs say they currently take drugs, the percentages were higher in E.J.

Questions on unsafe sex among unmarried youth is relatively high with a 24% of participants had sexual relationships with opposite sex and about 2% of the female and male youth has sexual relationship with the same sex. It is critical to point out that when asked about protection they responded with facts that protection is only used to prevent pregnancy, little awareness is present of sexually transmitted diseases. Phone sex and internet sex are relatively common among unmarried youth of both genders: 38% male youth report having ever engaged in this activity and 30% females.

Engaging in physical fighting is relatively common, especially among younger male youth 15 19. 56% of males and 29.3% of females reported engaging in one or more fights.

These alarming percentages should be addressed through the proposed project, to respond to these risks and raise the awareness of youth, provide alternatives to these behaviors and prevention programs for the youth and families in East Jerusalem. The risks of cyber bullying, sexually transmitted diseases, and unwanted pregnancies is subsequently high. The sources of information that these young people are using are minimal of science and evidence. According to the study, early onset of risky behaviors is evident and Juzoor's project will respond to these risks through working with the schools (early intervention) and their surrounding environment. The suggested interventions will respond to the above mentioned facts through the awareness session on risky behaviors, the sexual and reproductive health and rights training , the involvement of parents and teachers and the participation of the youth in an online platform.

## Activities or outputs

### Activity and outputs

This projects intends to empower the adolescents and youth in the targeted area through empowering the key individuals affecting their life to include service providers, teachers and counselors as well as providing the knowledge, and positive skills that empowers self-initiation, perseverance and leadership to address risky behaviors.

Activity 1: Equip Service providers in the targeted areas with enhanced tools and techniques to respond to risky behaviors (safe sex, alternatives to violence and other ) and substance abuse

#### Outputs:

- 1.1. 50 service providers are knowledgeable on sexual and reproductive health and rights (SRHR) and are able to provide support to the adolescents.
- 1.2. 50 Service providers are equipped with tools to respond on Risky behaviors
- 1.3 Teachers and counselors utilize Positive Discipline for Everyday Teaching (PDET) in their teaching process

Activity 2: build the capacity of Parents to identify risky behaviors (safe sex, alternatives to violence and other) and equip them with preventative measure to protect their children

#### Outputs:

- 2.1 450 Parents are knowledgeable on sexual and reproductive health and rights (SRHR) and are able to provide support to the adolescents
- 2.2. 450 parents are equipped to identify Risky behaviors
- 2.3. 450 parents are utilizing Positive Discipline for Everyday Parenting (PDEP) with their children and disseminating tips to other parents on positive discipline.

Activity 3: Conduct awareness sessions for male and female adolescents (age 12-18) and Youth (age 19-24) in East Jerusalem on risky behaviors and preventative measures to protect themselves.

- 3.1 250 students are knowledgeable of their sexual and reproductive health and rights (SRHR)
- 3.2 10 awareness sessions per school (2 schools per location) on Risky behaviors and preventative measures were conducted
- 3.3 4 initiatives in each location (school and community) on risky behaviors and substance abuse were conducted by the students
- 3.4 An online based campaign to prevent risky behaviors to target Palestinian youth in Jerusalem is available and running
- 3.5 A summer camp in each location for youth and peers on SRHR, and how to live above the influence conducted

### Indicators and targets

Juzoor's team will develop prior to the initiation of the project a Monitoring and Evaluation Framework to ensure all indicators are tracked properly and in a timely manner. All indicator and data will be recorded based on gender and age disaggregation. Accountability will be ensured towards beneficiaries by ensuring they are informed and involved in the design of the capacity building sessions and that they are able to provide feedback. Additionally, lesson learned and future recommendations will be organized yearly to be used for the next cycle.

- # of service providers trained on SRHR, Risky behaviors, PD
- % increase in knowledge of service providers on SRHR, risky behaviors n PD
- # of parents trained on SRHR, Risky behaviors and PD
- # of youth trained on SRHR, and Risky behaviors
- # of initiatives conducted by trained youth
- # of participants of youth in the summer camps

Indicator	Project target
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<b>Juzoor Foundation for Health &amp; Social Development (Juzoor)(Juzoor)</b>	
<b>Original BUDGET items</b>	<b>\$</b>
admin and coordination staff with benefits	13,125
field and technical staff with benefits	74,375
Direct activity cost	125,000
materials and supplies	18,750
overhead cost 7%	16,188
<b>Total</b>	<b>247,438</b>

<b>Juzoor Foundation for Health &amp; Social Development (Juzoor)(Juzoor)</b>	
<b>Current BUDGET items</b>	<b>\$</b>
admin and coordination staff with benefits	13,125
field and technical staff with benefits	74,375
Direct activity cost	125,000
materials and supplies	18,750
overhead cost 7%	16,188
<b>Total</b>	<b>247,438</b>